

Valor Recreation Therapy – December 2022

		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						Decorating !!!		Decorating !!! 1		Decorating !!! 2		3	
Low Vision Low Hearing Update Assistance is available.		 Skype is available family and friends		Zoom  with friends				0900 Christmas Craft 1000 Chair Exercise 1300 Tree Lighting Ceremony FL 		0900 Christmas Craft 1000 Chair Exercise  1400 Tree Decorating Apple Cider		 0900 Chair Exercise 1000 Royal Pet Visit IR 1800 Movie Ch 4	
4		AFRH-G Annual Survey 5		AFRH-G Annual Survey 6		Pearl Harbor Day 7		Salon Appointments 8		Wear Red! 9		10	
0830 Individual Visits IR 0900 Catholic Svc CH 1030 Protestant Svc CH NFL Football		0900 Holiday Cards 1000 Chair Exercise  1330 Ice Cream Social PR		0900 Chair Exercise 1000 Gingerbread  Cookie Making 1330 Bingo! PR		0800 Coffee with a special guest!! 0900 Chair Exercise 0930 Pearl Harbor Remembrance (Hall of Honors)		0900 Christmas Craft 1000 Chair Exercise 1800 Christmas Madrigals Choir Concert		 0900 Chair Exercise 1300 Virtual Travels Ch4		1400 Army Vs Navy Football Pizza Party!! 	
11		12		13		14		Salon Appointments 15		Wear Red! 16		17	
0830 Individual Visits IR 0900 Catholic Service Ch 1030 Protestant Service Ch NFL Football		 0900 Exercise 1000 Gulfport Choir Concert 1300 Holiday Trivia PR 1800 Holiday Drive- In Movie CC		 1000 Piatigorsky Foundation Cello and Piano Concert 1330 Bingo! 		 0900 Chair Exercise 1130 Christmas Cookout Party!! 1400 Movie Matinee		0900 Chair Exercise 1200 YUM YUM Order out PM "Cooper" 		 0900 Chair Exercise 0900 Holiday Photos 1000 Holiday Religious Service PR 1800 Movie		 0900 Chair Exercise 1000 Royal Pet Visit IR 1800 Movie Ch 4	
18		Crazy Sweater Day 19		20		21		Salon Appointments 22		Wear Red! 23		24	
0900 Catholic Service CH 1030 Protestant Service CH NFL Football 1330 Chit Chat Social		0900 Holiday Projects 1000 Chair Exercise PR 1400 Egg Nog Social and Christmas Party		1000 Chair Exercise 1130 Monthly Birthday Lunch 1330 Bingo! PR 		0900 Chair Exercise Ch 4 1000 Town Hall CC 1400 Matinee 		0900 Chair Exercise 1000 Holiday Sing A Long CC 1600 Bar Comedy		 0900 Chair Exercise 1000 Holiday Piano Music 1800 Movie Ch 4		 College Football !! 1800 Movie Ch 4	
Merry Christmas!! 25		Christmas Holiday 26		27		28		Salon Appointments 29		Wear Red! 30		New Year's Eve 31	
 1130 Christmas Holiday Lunch		 Happy Holidays! 1800 Movie Ch 4 Federal Holiday		0900 Crosswords 1000 Chair Exercise PR 1330 Bingo! 		0800 Coffee & News 0900 Chair Exercise 1400 Matinee 		0900 Chair Exercise 1000 Art Creativity 1330 Smores Social PR 		 0900 Chair Exercise 1300 Virtual Travels Ch 4 1800 Movie Ch 4		 1900-2300 New Year's Eve Dance Celebration!! Bring on the NEW YEAR!	
LOCATION KEY AT = Activity Room CC = Community Center CH Chapel		F = Front Entrance IR = In Room PT = Patio PR- Piano Room		TV = TV Lounge TH = Theater Ch = Church FL Front Lobby		Leisure supplies and resources please call 897- 4432		Channel 4 Senior TV Virtual Travels 1300, 2100 Movie 1800		4 Senior TV Quarterly Memorial 0845, 1200, 2230		Dry Bar Comedy 0700, 1600, 2300 Exercise 0900	

